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Adult Neurology

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Neurocognitive Testing

Neurocognitive testing is a way for doctors to assess the status of a patient's memory, mental speed, and other brain functions. Your test results will help your doctor to determine whether or not you have cognitive problems and which brain functions are affected. Such problems may have many causes: medical, neurological, and psychological.

The test will take about 15 - 45 minutes depending on which tests your doctor chooses for you to have. When you take the tests you should be in your best possible state of mind; not sleep deprived, or overly stressed, for example. The tests will be administered on a computer. You do not need to know how to use a computer in order to take the test. There will be a technician with you to help you throughout the test.

Do not take any stimulant medications (ADD medications) the day of the test unless otherwise instructed.

No preparation is needed for this test.